

April 3, 2020

Dear New Students,

President

**【For New Students】 Response to the Novel Coronavirus**

Regarding measures to prevent the spread of novel coronavirus (COVID-19) infection diseases, we have summarized the following checklist that we would like students to pay extra attention in each one's student life. We would appreciate your full responsible in following the countermeasures below.

**1. Important points to keep in mind when traveling abroad and campus life**

- ① As it has been reported, in a university in the Kansai area, students from returning from a graduation trip to Europe were found to be infected the virus. **Students who have traveled abroad during spring vacation and returned to Japan should be particularly at alert to take self-health management for two weeks after returning to Japan, and if there is a change in their physical condition such as fever, please consult with the public health office**
- ② **Traveling abroad is NOT permitted**, as infectious Disease Risk Information "Level 2" has been released.
- ③ **1) Avoid unnecessary going out. Especially, strictly refrain from actions that increase the risk of infectious diseases.**  
**2) Avoid the "Three Cs"**
  - (1) Closed space with poor ventilation
  - (2) Crowded places with many people nearby
  - (3) Close-contact settings such as lose-range conversation.**3) Especially avoid the following public space which were exemplified in the government expert meetings or actions of students confirmed infection at universities in the Kansai area**
  - Live House •Karaoke Box •Standing Food Patty
  - Concert venues • Fitness clubs • Izakaya and other spaces where people gather
- ④ **BBQ and banquets by welcoming parties or cherry blossom viewing etc. shall be strictly prohibited for the time being.**
- ⑤ Make a careful decision when traveling outside of your residential area, such as going back hometown or traveling, in particular, **refrain from traveling to and**

**from areas on the alert for the spread of infectious diseases.**

- ⑥ Be through hand washing with soap and alcohol disinfectant, coughing etiquette, and wearing a mask when going out.
- ⑦ **Pay extra attention to one's own physical condition daily. Check body temperature measurement and the condition of the respirator system.**
- ⑧ **If you have a cold symptom such as fever, DO NOT come to the university and refrain from going out. In such case, visit doctor and be advised for your action.**
- ⑨ **If you have any of the following symptoms, please consult with the consultation center for people with potential exposure to COVID-19, also report to the university.**
  - **You have had cold symptoms or a fever of 37.5°C or over for four days or more.**
  - **You have a strong feeling of weariness (fatigue) or shortness of breath (difficulty breathing)**

<Public Consult>

- Prime Minister of Japan and His Cabinet  
<http://japan.kantei.go.jp/>
- Ministry of Health, Labour and Welfare  
[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_00032.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html)
- Nagaoka Public Health Center  
TEL:0258-33-4932 Weekdays (8:30 to 17:15), Saturday, Sunday & Holidays (9:00 to 17:00)

<University Contact> Weekdays (8:30 to 17:15)

Japanese Students:

Section of Student Affairs, Division of Student Affairs  
(Gakusei-shien-Ka) TEL: 0258-47-9253

International Students:

Section of International Student Affairs, Division of International Affairs  
(Kokusai-ka) TEL: 0258-47-9285/9286

## 2. Extracurricular Activities

- ① **The following university facilities extend suspended period**
  - Where: Gymnasiums, pools, training rooms and outdoor sports facilities**
  - When: Suspension period until May 10**

- ② Other extra-curricular activities which takes place at the above facilities continue to be suspended because such actives fall under the three Cs for infection risk. In addition, students should not participate in events such as tournaments and presentations, etc. that are carried out in the 3Cs environment

### 3. Health Checkups for Students

We will **postpone** the medical checkup for the students scheduled on April 14th-16th.

- ※ The situation regarding the new coronavirus infectious diseases is changing day by day. We notify you by e-mail and the university website, etc., so please make sure to check regularly and collect the latest information.