



Can I go home during Golden Week?

What can I do to prevent COVID-19 infection?



Points to check if going home

- (1) Do you have plans to dine with friends, etc., when at home?
- (2) Can you wear a mask while at home, even inside your house?
→ When conversing, make sure always to wear your mask!
- (3) Can you check your temperature and state of health daily, and manage your health?
- (4) If you feel ill, will you be able to visit a medical facility immediately?



If you can avoid the infection risks in (1) to (4), and are in good health... then return to Nagaoka and be sure to observe the following points strictly.

- Return to your apartment, etc., in Nagaoka by May 5.
- Students are asked to attend lectures remotely in their apartments, etc. until May 19, without entering the university
→ Students who have not returned home are likewise asked not to enter the university
→ Usage of the student cafeteria, shop, etc. must be brief
→ When lab work must be continued, consult your instructor
- Do not participate in club activities or go out to work with friends
- Consult carefully with employers at part-time jobs
- Take your temperature and manage your health daily, filling in the health check and behavior log sheet
- If you feel unwell, contact the Niigata Prefecture COVID-19 Advice Centers by telephone
- Contact the university if you consult a medical facility or undergo a PCR test

[Niigata Prefecture COVID-19 Advice Centers (nearby public health centers), etc.] Nagaoka Telephone: 0258-33-4932 / Niigata Telephone: 025-256-8275

[Nagaoka University of Technology Contact] **Contact for Japanese Students**

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