Safety Manual (2024 Edition) Table of Contents		page	check	Drafting supervisor ↓ Place a check ☑ next to revised sections
Chapter 1 Emergency Response		1		
Section 1	Introduction	1	☐	Division of Administrative Affairs
Section 2	Specific Measures	1	☐	Division of Facilities Affairs
	1 Safety basics	1	☐	
	2 If an electrical accident occurs	1	☐	
	3 If you notice a gas leak	2	☐	
	4 In case of a fire	2	☐	
	5 In case of an earthquake	2	☐	
Appendix	1 Procedures for after-hours experiments, etc.	3	☐	Division of Facilities Affairs Division of Academic Affairs
Appendix	2 Contact system for accidents involving students, etc.	5	☐	Division of Facilities Affairs Division of Student Affairs Division of Academic Affairs
Appendix	3 Self-Defense Fire Brigade Organization Chart	6	☐	Division of Facilities Affairs
Appendix	4 Safety and health management system chart	8	☐	Division of Administrative Affairs
Chapter 2 First Aid Measures		9		
	1 Impaired consciousness (A, B, C, D → CAB+D in emergency resuscitations)	10	☐	Miho Ooka, Physical Education and Health Care Center
	AED Locations at Nagaoka University of Technology	12	☐	Division of Administrative Affairs
	2 Call for help	13	☐	Miho Ooka, Physical Education and Health Care Center
	3 Check the injuries	13	☐	
	4 If the victim is bleeding	13	☐	
	5 Fractures, dislocations, lacerations, and bruising	15	☐	
	6 Burns, frostbite, etc.	16	☐	
	7 Convulsions, poisoning	17	☐	
	8 Reference URLs	18	☐	
Chapter 3 General Safety Tips		21		
Section 1	Introduction	21	☐	Division of Facilities Affairs
	1 Beginner's Guide	21	☐	
	2 Clothing and footwear	21	☐	
	3 Posture	21	☐	
	4 Organization, neatness, cleaning, and sanitation	22	☐	
Section 2	Examples of minor accidents and lessons learned	22	☐	
	1 Examples of accidents resulting in death or injury	22	☐	
	2 Examples of nearly fire incident	23	☐	
	3 Water accidents	23	☐	
	4 Faulty electrical wiring	24	☐	
	5 Chemicals accidents	24	☐	
	6 Heavy objects	24	☐	
Section 3	Measures to prevent major accidents	25	☐	
Chapter 4 Handling of Electricity, Gas, Lasers, Machine Tools, etc.		27		
Section 1	Electrical Safety Tips	27	☐	Division of Facilities Affairs
	1 What are the types of electrical accidents?	27	☐	
	2 Fires caused by electricity	27	☐	
	3 Electric shock accidents	30	☐	
	4 How to prevent electric shock	31	☐	
	5 Grounding work	32	☐	
	6 Other hazards caused by electricity	33	☐	
	7 Tips related to power failures	34	☐	
	8 Special training for handling low-voltage electricity	35	☐	
	9 Others	36	☐	
Section 2	Handling of laser equipment	37	☐	Ariyuki Kato, Department of General Education
	1 Precautions for eyes against light and microwaves	37	☐	
	2 Measures, etc. to prevent injury by lasers	37	☐	
Section 3	City gas, tap water	44	☐	Division of Facilities Affairs
	1 City gas	44	☐	
	2 Tap water	44	☐	

Safety Manual (2024 Edition) Table of Contents		page	check ↓ Place a check ☑ next to revised sections	Drafting supervisor
Section 4	High-pressure gas, liquefied gas	46	☐	Makoto Nanko, Department of Mechanical Engineering
	1 High-pressure gas container (cylinder)	46	☐	
	2 Precautions for handling high-pressure gas cylinder	47	☐	
	3 Precautions for operation using high-pressure gas	49	☐	
	4 High-pressure devices	52	☐	
	5 Liquefied gas	53	☐	Satoshi Tanaka, Department of Schience of Technology Innovation
	6 Precautions for handling liquid nitrogen	54	☐	
	7 Precautions for handling liquid helium	55	☐	Hisayuki Suematsu, Department of Nuclear Technology
Section 5	Electric Furnaces	55	☐	Satoshi Tanaka, Department of Schience of Technology Innovation
	1 Precautions when using electric furnaces	55	☐	
Section 6	Safety precautions of machine tools	56	☐	Hideo Aida, Department of Mechanical Engineering
	1 General safety precautions of machine tools	56	☐	
	2 Precautions regarding the handling of various machine tools	58	☐	
	3 Precautions when malfunctions or injuries occur in various machine tools and work equipment	63	☐	
Section 7	Transportation and work at heights	65	☐	Division of Facilities Affairs
	1 Work that requires specified licenses, qualifications, etc.	65	☐	
	2 Work other than the above	65	☐	
	3 Work with cranes, derricks, and chain blocks etc.	65	☐	
	4 Work with transport vehicle	66	☐	
	5 Work at heights	66	☐	
Chapter 5 Handling of chemicals, etc.		69		
Section 1	Chemicals and handling precautions	69	☐	Satoshi Tanaka, Department of Science of Technology Innovation
	1 Hazardous, harmful, and general chemicals	69	☐	
	2 Risk assessment	72	☐	
	3 General precautions for handling chemicals	73	☐	
	4 Limits on possession and handling of hazardous materials	78	☐	
	5 Hazardous materials storage	82	☐	
	6 When starting a new experiment	83	☐	
	7 General precautions for chemical experiments	84	☐	
	8 First aid for chemical injuries	88	☐	
	9 Treatment for various chemicals	89	☐	
Section 2	Hazardous chemicals	92	☐	
	1 Pyrophoric substances	92	☐	
	2 Explosive substances	97	☐	
	3 Flammable substances	101	☐	
	4 Acids	106	☐	
	5 Mixed hazardous materials	107	☐	
Section 3	Acids and alkalis	111	☐	
	1 Acids	111	☐	
	2 Alkalis	115	☐	
Section 4	Toxic and harmful chemicals	118	☐	
	1 Toxicity, toxicity measures, and anti-pollution measures	120	☐	
	1.1 Toxic gas and vapor	121	☐	
	1.2 Mercury and mercury compounds	123	☐	
	1.3 Cyanide compounds	126	☐	
	1.4 Other inorganic toxic and harmful substances	127	☐	
	1.5 Organic toxic and harmful substances	129	☐	
	2 Storage and management of poisonous and deleterious substances	132	☐	
Chapter 6 Disposal of Liquid Waste and Experimental Waste etc.		137		
	1 Domestic wastewater	137	☐	Division of Facilities Affairs
	2 Experimental wastewater	137	☐	
	3 Experimental liquid waste	137	☐	
	4 Rainwater	138	☐	
	5 Experimental waste	138	☐	Tatsuro Imakubo, Department of Materials Science and Bioengineering