To all students:

Meetings that involve eating and drinking alcohol

Although the regulation about the meeting that involves eating and drinking alcohol is indicated on "NUT's Action Guidelines for COVID-19 Prevention (From September 7 Until Further Notice)", the University has decided to change the rules in consideration for the condition of the number of infected people, vaccination in the University, Nagaoka, and Niigata, as well as the importance of student life.

Please be aware that the University may change the rules depending on the condition of the COVID-19 infection.

Also, the University is planning to revise "NUT's Action Guidelines for COVID-19" which reflects above mentioned modification, as well as "Criteria for Overseas Dispatch of Students". Once it is revised, the University will notify the faculty, administrative staff and students.

1. Object persons

Faculty, administrative staff and students who participate in meeting that involves eating and drinking alcohol

2. Outside events (including BBQ on campus)

Faculty, administrative staff and students are able to participate in outside events in accordance with the following and infection prevention measures.

- *Respect individual intent (do not force to participate or not to participate)
- *Keep enough distance among participants
- *Ensure to sanitize hands
- *Check the body temperature and physical condition on the day of event. Do not participate in the event if the person does not feel well.
- *Duration of the event is limited within two hours
- *Wear mask (non-woven fabric masks are recommended)
- *Do not make conversation loudly

3. Inside events (On-campus cafeterias and the restaurants which ensure the infection prevention measures)

Faculty, administrative staff and students are able to participate in outside events in accordance with the following and infection prevention measures. <u>However, drinking at home (including the laboratory) with multiple people (e.g., friends) is not allowed.</u>

- *Respect individual intent (do not force to participate or not to participate)
- *Keep the distance between the seats (or put acrylic board)
- *Check the body temperature and physical condition on the day of event. Do not participate in the event if the person does not feel well.

- *Ensure to sanitize hands at the entrance of restaurant
- *Duration of the event is limited within two hours
- *Wear mask (non-woven fabric masks are recommended)
- *Do not make conversation loudly

Restaurants which ensure to follow the infection prevention measures:

Restaurants authenticated COVID-19 Infection Prevention Measures (Niigata Safe Restaurants Supportive Project)

Restaurants authenticated by Niigata Prefecture (Japanese only):

https://www.pref.niigata.lg.jp/uploaded/attachment/337322.pdf

[Reference Information]

(1) Cabinet Secretariat: Notification about COVID-19 Infection Prevention Measures during eating (Japanese only)

https://corona.go.jp/proposal/pdf/facing_inshoku_20220901.pdf

(2) Niigata Prefecture: Residents using restaurants (Niigata New Life) (Japanese only) https://www.pref.niigata.lg.jp/uploaded/attachment/220279.pdf

This notification is effective from October 21, 2022

Crisis Countermeasures Office President, Nagaoka University of Technology

Precautions for doing BBQ on Campus

Please be aware that the students are REQUIRED to obtain permission to have BBQ on campus three days prior to the event by submitting a request form for "Meeting and using facilities" to Division of Student Affairs. Also, the students are required to submit a request form for "Use of fire" to Division of Division of Facilities Affairs.

1 Get information of all participants

- Respect individual intent (do not force to participate or not to participate)
- <u>Check the body temperature</u> and physical condition on the day of event. Do not participate in the event if the person does not feel well (person who has body temperature of 37.5°C do not participate).
- Write <u>"Record for On-campus BBQ"</u> on the day of event and <u>check the contact information and physical condition</u> of all participants.
- The number of participants must be <u>within 20 people</u>. If the event takes place with more than 20 people, make 2 groups or adjust time or place.
- Persons who are not NUT faculty, administrative staff or students are NOT permitted to participate.
- After the event, all participants are required to submit <u>"Record for On-campus BBQ" and "Health Check and Activity Record Sheet"</u> (the record sheet must contain the information from two days before and three days after the event.)

2 Meeting is limited within 2 hours

- Duration of the event is limited within two hours
- · Preparation and cleanup should be done quickly. Please do in a short time as much as possible.

3 Ensure sanitary control

- · Wash hands before eating and cooking
- Do not share towels with other people (prepare disposable wet hand towels).
- · Ensure to Sanitize hands

4Do not share foods and dishes

- Do not share the food and drinks. Do not eat someone's leftover.
- <u>Do not share chopsticks and dishes.</u> Prepare them more than enough for the participants.
- For platter for share, serve it for each participant first.
- Do not take foods with your chopsticks from shared dishes.
 Use tongs or chopsticks for shared dishes.

5 Social Distance

- · Keep enough distance among participants.
- Be positioned side-by-side if possible. Do not face each other.
- Do not make conversation loudly.
- · Wear mask (non-woven fabric masks are recommended)

6Cleanup

- Put away someone's leftover foods or drinks. Keep the foods minimally to reduce food loss.
- Do not put away leftover foods or drinks on the ground.
- <u>Do not put away charcoal used for BBQ on Campus</u>. Bring trash and food waste to the home and throw away appropriately.

If the participants do not follow the rules, all groups will be prohibited for doing on-campus.