## How to use the Gymnasium and

## the Budokan

## 《Usage procedure》

（1）Make a reservation from the sports facility reservation system． Reservation system $\Rightarrow$ https：／／nut－sports．revn．jp／
（2）Use the sports facilities on the reserved date and time． Be sure to clean and tidy up after use．

## 《About reservation》

－Reservations can be made from 2 weeks to 3 days before use． Reservations can only be made on weekdays from 9：00 to 16：00．
－You can use it once a day for up to 3 hours（including prepare and clean up afterwards）．
＊The reservation system can only be used once a day for each facility．
－If you want to use more than the above limit，you need to go through a procedure．
Please inquire at the Division of Student Affairs Counter 8.
－You can use it without reservation during the lunch break （12：00－13：00）．
－Be sure to read the precautions for use on the next page． Groups or individuals who do not follow the rules are prohibited from using．

## Precautions when using the

## Gymnasium and the Budokan

（1）After use，wipe off all perspiration－stained equipment with a clean towel，disinfect with alcohol，and mop the floor．
（2）Always carry a valid student or staff ID card while in use． If a staff member asks you to show your student／staff ID， you must do so immediately．
（3）If you find a person who does not follow the precautions for use， immediately report to the Division of Student Affairs．
（4）No food or drink other than hydration is allowed．
（5）Use on Saturdays，Sundays，and holidays is limited，in principle， to authorized club activities．
However，if you want to use it for research，experiments，or other public events，please consult with the following separately．
（6）Groups or individuals who do not follow the above rules will the use of the Gymnasium and the Budokan is prohibited．

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\text { お問合せ先 Contact us }: & \text { 学生支援課生活支援係 Division of Student Affairs } \\
& \text { (TEL) 0258-47-9256,9922 } \\
& \text { (MAIL) gseikatsu@jcom.nagaokaut.ac.jp }
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